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MEDICAL INTUITION ASSESSMENT

Name:

Date:

Welcome to your Medical Intuitive Assessment. This reading represents a snapshot of your energy at this moment, and is designed to provide in-depth information about your physical, mental and spiritual health at this moment, as well as recommendations for how to rebalance and release limitations for yourself.

This assessment will not replace medical or psychological diagnosis, prognosis or treatment in any way. Please check all information with your healthcare provider before making any changes to your healthcare routine.

This worksheet helps you to organize your thoughts and feelings and will help to integrate the information into your energy system more easily. As you take notes during the session, notice what comes up for you intuitively and add that information to your notes. If there is something that does not resonate right now, make a note and take some time to think about it. If it still does not resonate after some reflection, feel free to ignore it. Remember all information is an energetic representation of what might be going on for you, and may be symbolic or metaphorical. Also note that this is a snapshot of this moment only and everything can change after this reading.

Dominant Aura Colour

PHYSICAL INFORMATION

Physical body area chosen from Full Body Scan:

Current issue

Further issues in same body system

Origin of current issue

Related body systems

Energetic permission to release this physical issue

%

Recommendations

MENTAL, EMOTIONAL & SPIRITUAL INFORMATION

Symbol of overall energy in this body area

Limiting Belief System

Related Life Event

Energetic permission to release this energy

%

Recommendations

SELF-REFLECTION AFTER THE READING IN YOUR OWN TIME

What were the highlights of this reading for you?

What was most surprising or unexpected for you and why?

What connections can you think of between the physical body issue and the mental/emotional/spiritual energy?

How do you think these issues could be related to other challenges you might be experiencing in your life right now?

Make a list of all the recommendations and steps you can take right now:

Things I can do for myself:

Things I need others' help with:

Anything else you would like to note for yourself